

## STEMI-Stroke Bootcamp

8:00 am—12:00 pm

October 15, 2026

Lakewood Health, Staples, MN & Webinar

**Goal:** Enable staff in outlying facilities to confidently implement/adhere to EBP guidelines for management of stroke patients as noted in improved quality metrics.

### STEMI 8:00 am - 10:00 am

- Identify STEMI Patients
- EBP STEMI Guidelines
- STEMI Simulation

### Stroke 10:00 am—12:00 pm

- Stroke Signs, Symptoms, Risks, & Treatment Options
- Perform NIHSS
- Thrombolytics and Admin
- Stroke Simulation

### **Learning Outcomes:**

- ◇ 80% of participants will agree or strongly agree to knowledge gain to identify patients with STEMI.
- ◇ 80% of participants will agree or strongly agree to knowledge gain related to pathophysiology and treatment guidelines for acute stroke.
- ◇ 80% of participants will demonstrate the correct method for documenting and assessing NIHSS stroke scale.
- ◇ 2-3 months post activity, 80% of participants will self-report utilization of EBP guidelines in their practice when caring for Stroke and STEMI patients

**Target Audience:** RNs, LPNs, Advanced Practice RNs, Pas, Paramedics, & EMTs

**Instructors:** Molly Murch, MSD, RN-BC & Ryan Telford, RN-BSN

**Continuing Education:** Contact Hours: 4.0

*It is the responsibility of the attendee to determine whether these activities meet the current criteria for continuing education. To successfully complete this educational activity, participants must attend the entire session, complete a return demonstration, and submit a completed evaluation form. Participants who successfully complete the activity will be awarded 4.0 contact hours.*

### Registration Fees

**Medi-Sota Members: FREE**

**Non-Medi-Sota Members: \$25/Person**

Click [HERE](#) to Register

Prior to the program, you will receive an email with any additional course information. Registration Deadline: 10/14/26 by 5 pm this ensures all registrants will receive course information & any materials in a timely manner.

If you should have any questions, contact  
Alyssa Christianson at [achristianson@medi-sota.org](mailto:achristianson@medi-sota.org)

**Medi-Sota, Serving Rural Health**

*Cancellations must be made no later than 10 business days prior to the start of the course. The full course fee will be charged if cancellation is made in less than 10 business days. Full refunds will be given for all classes cancelled by Medi-Sota. Registration is transferable to another person.*